

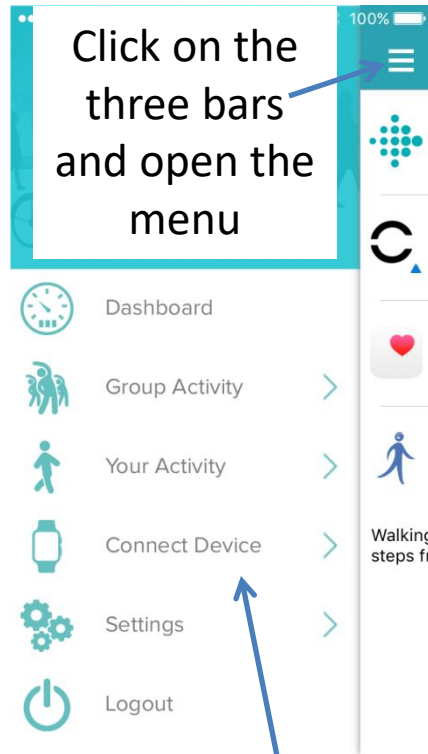
Fitbit, Apple Health Garmin linking with the Walkingspree App  
Version 2.4.0 January 4, 2017 is the latest version of the Walkingspree App.

Please update your app if needed.

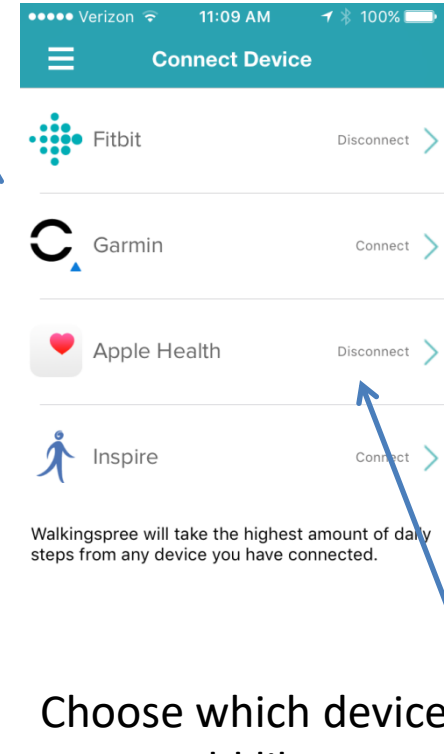
You will need your Walkingspree user name and password.



Open the Walkingspree App



Select "Connect Device"



Choose which device you would like to "link". For any Fitbit devices select "Fitbit" For Apple Watches select "Apple Health"